



**BOTANIA**  
RELAIS & SPA

A MEMBER OF



THE LEADING HOTELS  
OF THE WORLD

GARDEN SPA

## **GARDEN SPA**

Spa Opening Hours: 9 am - 8:00 pm  
Treatments: 9 am - 1 pm / 4 pm - 7:30 pm

### **ETIQUETTE**

The minimum age to access to the SPA and surrounding areas is 14. Please speak softly to preserve a peaceful ambiance. Smoking is not permitted. We recommend that you leave your personal belongings such as phone, electronic devices, valuable items in your room.

### **RESERVATIONS**

Book your treatment by dialing 311 from your room, visiting the Spa Reception, or emailing [spa@botaniarelais.com](mailto:spa@botaniarelais.com).

### **ARRIVAL**

Please show up 10 minutes earlier than your scheduled appointment. Late arrivals may result in a shortened treatment duration.

### **CANCELLATION POLICY**

It is allowed to cancel or reschedule your appointment until 6 PM of the day before your appointment otherwise the full cost will be charged.

### **GYM**

Gym is open 24/7 upon reservation.

It is possible to schedule a reservation at the SPA front desk or at the hotel Reception.

Two people maximum are allowed to train at one time.

### **CONTACT**

Phone: +39 081 997978

Internal: 311

Email: [spa@botaniarelais.com](mailto:spa@botaniarelais.com)

## SPA MENU

### FACIAL TREATMENTS

**MEI LIFTING** **50'** **160€**

With sandalwood and lime

Experience a natural face-lift with this revitalizing treatment, combining plant-based waters, sandalwood, and lime essential oils. Gua Sha massage techniques and ultra-concentrated essential oils enhance skin density and minimize signs of aging.

**MEI FACIAL TREATMENT** **50'** **140€**

Anti aging, detox or sensitive facial.

Our facial treatments will leave our skin glowing whilst your senses are will experience intense relaxation through the use of MEI products specifically created with medical herbs.

**SKIN CEUTICAL FACIAL** **60'** **210€**

Advanced facial treatment using products with a high concentration of active ingredients in pure form and high skin absorption.

Following a careful analysis of the skin, specific protocols are applied aimed at preventing and correcting the signs of photo and chrono-aging in order to preserve the well-being and improve the appearance of the skin.

**DEEP CLEANSING FACIAL** **50'** **130€**

Rejuvenate your skin with this comprehensive facial, customized with MEI products. The treatment includes cleansing, exfoliation, blackhead extraction, a mask, massage, and moisturizing.

**BOTANIA FACE & HEAD REFRESHER** **30'** **100€**

A treatment that refreshes your skin and relaxes your full head.

Treatment starts with a clarifying mask and scalp massage. Once the mask will be removed a deep facial, neck and shoulders massage will be performed, leaving your skin restored, rejuvenated and relaxed.

## BODY TREATMENTS

### **BOTANIA RITUAL**

**50'**

**120€**

From farm to spa.

Salt massage with oleo saccharum with local lemon zest, clay mask and rosemary oil.

### **MEI SPA BOTANICAL**

**70'**

**140€**

Anti-pollution treatment with Green Clay and Horsetail

Body peeling with detoxifying effect. This therapy helps to deeply cleanse your skin which is prepped for a firming massage.

### **MEI SPA BODY**

**70'**

**140€**

Sensorial journey based on medicinal herbs and high concentration of active ingredients.

Through olfactory stimulation you will choose the treatment that best suits your aromatherapeutic needs and proceed with exfoliation and full body massage.

The selection of the ritual can have a relaxing effect with the DOLCE VITA treatment based on Sweet Orange and Citrus fruits, energizing, and draining effect with SOTTOSALE with Piedmont Mint.

### **PERSIAN ROSE**

**100'**

**250€**

Indulge in a luxurious face and body ritual featuring Persian Rose essential oil.

This treatment offers a smoothing and illuminating effect, with a harmonious massage enriched by eight natural MEI products. The result is a revitalized skin and an un- paralleled sensory immersion.

### **BOTANIA FOOT & LEG RECOVER**

**50'**

**120€**

This special treatment provides immediate relief to tired feet and legs. Relaxation starts by stretching the joints to loosen up the muscles. Then a revitalizing scrub is done to prepare the skin for a deep massage that start from toes to knees. The experience ends with a cooling wrap with anti-inflammatory effect .

### **START UP**

**50'**

**150€**

Effective anti-cellulite and lymphatic drainage treatment. Its amazing action is given by the properties of the eight essential oils, activated by turmeric and ginger in organic apple cider vinegar. The treatment begins with a pleasant detoxifying START massage with green clay scrub, followed by the special START UP mud, a specific draining massage and the final application of juniper gel. A feel-good experience for legs, which can be extended to the whole body.

## MASSAGES

<b>ANTISTRESS</b>	<b>50'</b>	<b>130€</b>
	<b>70'</b>	<b>150€</b>

A full-body massage with medium pressure, focusing on areas with high muscle tension.

<b>SOMA-ENERGETIC MASSAGE</b>	<b>50'</b>	<b>140€</b>
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A massage that releases tightness, improves lymphatic drainage, activates blood circulation, and rebalances body energy.

<b>THAI OIL MASSAGE</b>	<b>50'</b>	<b>130€</b>
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A massage that combines plant-based and essential oils with various techniques to reduce stress, tension, and muscle pain, providing a deep sense of relaxation.

<b>AYURVEDIC ABYANGAM MASSAGE</b>	<b>50'</b>	<b>130€</b>
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An Indian technique that focuses on balancing the body and mind by addressing the Doshas.

<b>HAWAIIAN LOMI-LOMI</b>	<b>50'</b>	<b>140€</b>
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A relaxing massage performed on an oily bed, mimicking the movements of the ocean.

<b>CANDLE MASSAGE</b>	<b>50'</b>	<b>140€</b>
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Relaxing massage performed with candles made of scented vegetable oils which gently drip onto the body, making the skin hydrated and nourished.

<b>REFLEXOLOGY</b>	<b>30'</b>	<b>100€</b>
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This technique involves applying pressure to specific points on the feet connected to certain organs and body systems.

<b>LINFO VODDER</b>	<b>30'</b>	<b>90€</b>
	<b>60'</b>	<b>130€</b>

Manual lymphatic stimulation to help reduce water retention.

<b>CIRCULATORY MASSAGE</b>	<b>30'</b>	<b>80€</b>
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A full-body massage with deeper pressure to activate blood circulation, flush out toxins, and improve tissue oxygenation.

<b>DRAINING MASSAGE</b>	<b>30'</b>	<b>80€</b>
A full or partial massage with a draining effect.		
<b>THERAPEUTIC MASSAGE</b>	<b>30'</b>	<b>100€</b>
	<b>50'</b>	<b>140€</b>
A massage with deeper pressure to release tension and tightness.		
<b>COR'A CORE</b>	<b>50</b>	<b>250€</b>
	<b>70'</b>	<b>290€</b>
An unforgettable moment with your loved one in a timeless experience.		
<b>MATERNITY MASSAGE</b>	<b>30'</b>	<b>90€</b>
	<b>60'</b>	<b>130€</b>
A relaxing and comforting massage designed for pregnant women.		
<b>IN NATURE</b>	<b>60'</b>	<b>170€</b>
A customized massage with oils and aromatherapy surrounded by the lush greenery of our garden.		

## **BEAUTY TREATMENTS**

Spa Manicure	60€
Spa Pedicure	80€

### **WAXING**

Eyebrows	15€
Upper lip	15€
Back / Chest	30€
Arm	20€
Half leg	20€
Full leg	35€
Bikini	25€
Brazilian (Hollywood)	30€
Full body	70€

### **ARABIC THREADING**

Full face	30€
Single area	20€



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